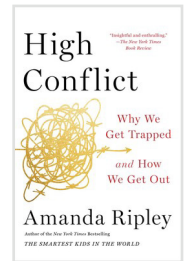


High Conflict

by **Amanda Ripley**

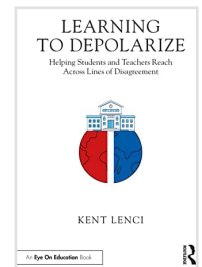
When we are baffled by the insanity of the “other side”—in our politics, at work, or at home—it’s because we aren’t seeing how the conflict itself has taken over. That’s what “high conflict” does. It’s the invisible hand of our time. It’s what happens when discord distills into a good-versus-evil kind of feud, the kind with an us and a them. In this state, the brain behaves differently. We feel increasingly certain of our own superiority and, at the same time, more and more mystified by the other side.



Learning to Depolarize

by **Kent Lenci**

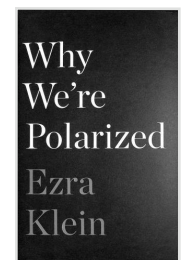
Kent Lenci describes how educators can tackle the challenge of preparing students to communicate and collaborate across lines of deep disagreement—to face the political and ideological “other”—despite the conventional wisdom that schools should be apolitical. Topics covered include the causes and consequences of political polarization in our society, why schools must address the challenge head-on, bridge-building in the classroom, media literacy and social emotional learning as tools for depolarization, and partnering with parents across the divide.



Why We’re Polarized

by **Ezra Klein**

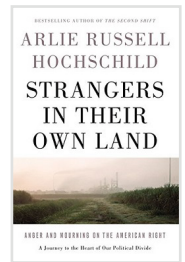
Klein reveals the structural and psychological forces behind America’s descent into division and dysfunction. Neither a polemic nor a lament, Klein offers a clear framework for understanding everything from Trump’s rise to the Democratic Party’s leftward shift to the politicization of everyday culture. Klein shows how and why American politics polarized around identity in the twentieth century, and what that polarization did to the way we see the world and one another. And he traces the feedback loops between polarized political identities and polarized political institutions that are driving our system toward crisis.



Strangers in Their Own Land

by **Arlie Russel Hochschild**

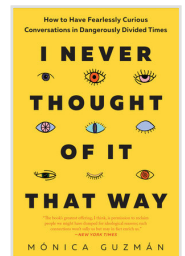
Sociologist Arlie Hochschild seeks to understand the social, cultural, and emotional forces driving right-wing politics, in an effort to move past the partisan divide and approach American politics from a position of empathy for those on the right. By breaking down this empathy wall, we can come to truly inhabit the emotional world of the right, giving us insight into why these voters believe what they believe—and why those beliefs might make sense given these voters' experiences.



I Never Thought of it That Way

by **Mónica Guzman**

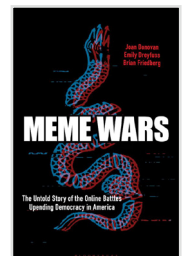
Mónica Guzman, the chief storyteller for the national cross-partisan depolarization organization Braver Angels, takes you to the real front lines of a crisis that threatens to grind America to a halt—broken conversations among confounded people. She shows you how to overcome the fear and certainty that surround us to finally do what only seems impossible: understand and even learn from people in your life whose whole worldview is different from or even opposed to yours.



Meme Wars

by **John Donovan, Emily Dreyfuss, Brian Friedberg**

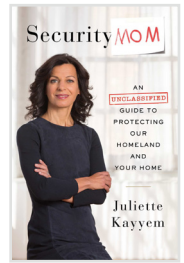
Memes have long been dismissed as inside jokes with no political importance. Nothing could be further from the truth. Memes are bedrock to the strategy of conspiracists such as Alex Jones, provocateurs like Milo Yiannopoulos, white nationalists like Nick Fuentes, and tacticians like Roger Stone. While the media and most politicians struggle to harness the organizing power of the internet, the “redpill right” weaponizes memes, pushing conspiracy theories and disinformation into the mainstream to drag people down the rabbit hole. These meme wars stir strong emotions, deepen partisanship, and get people off their keyboards and into the streets--and the steps of the US Capitol.



Security Mom: My Life Protecting the Home and Homeland

by Juliette Kayyem

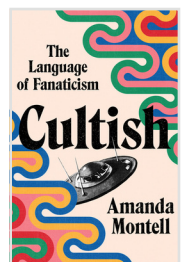
Kayyem reveals how she came to learn that homeland security is not simply about tragedy and terror—it is about us as parents and neighbors, and what we can do every day to keep each other strong and safe. From stocking up on coloring books to stashing duplicate copies of valuable papers out of state, Juliette’s wisdom does more than just prepare us to survive in an age of mayhem—it empowers us to thrive.



Cultish: The Language of Fanaticism

by Amanda Montell

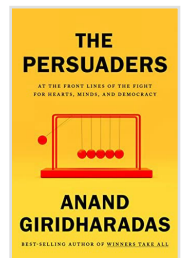
In Cultish, Montell argues that the key to manufacturing intense ideology, community, and us/them attitudes all comes down to language. In both positive ways and shadowy ones, cultish language is something we hear—and are influenced by—every single day. Montell exposes the verbal elements that make a wide spectrum of communities “cultish,” revealing how they affect followers of groups as notorious as Heaven’s Gate, but also how they pervade our modern start-ups, Peloton leaderboards, and Instagram feeds.



The Persuaders

by Anand Giridharadas

The lifeblood of any free society is persuasion—changing other people’s minds in order to change things. But America is suffering a crisis of faith in persuasion that is putting its democracy and the planet itself at risk. Americans increasingly write one another off instead of seeking to win one another over. Anand Giridharadas takes us inside these movements and battles, seeking out the dissenters who continue to champion persuasion in an age of polarization.



Mind Over Media

by Renee Hobbs

Media literacy educators have always insisted that we are both creators and receivers of media messages. The truth of this is even more apparent in today’s digital environment, with children and adults alike participating in a ubiquitous, nonstop stream of social media. Clearly, students need the tools to interpret news and information critically—not just for school but for life in a “post-truth” world, where the lines blur between entertainment, information, and persuasion.

